



LABioMed
Los Angeles
Biomedical
Research Institute
at Harbor-UCLA Medical Center

CLINICAL TRIAL

NAME OF STUDY:

“Beta Cell Compensatory Factors in Insulin Resistance – Studies in Pregnancy.”

TYPE OF VOLUNTEERS BEING SOUGHT:

Healthy women, ages 18 and older, pregnant, in their third trimester and without a history of diabetes or gestational diabetes.

PURPOSE OF STUDY:

The purpose of this study is to learn more about the factors that cause diabetes. We know that potential biological elements can increase the risk of diabetes, even in normal healthy individuals. The ultimate goal is to improve our basic understanding of diabetes so that we can prevent the development of diabetes in persons at risk.

DETAILS OF STUDY:

You will come to our Outpatient Clinic (Liu Research Center) and be asked the following...

- Your overall medical health and habits
- Your family history
- Measurements of your height, weight, blood pressure and other vital signs
- Urine sample to check your kidney function
- Urine sample for pregnancy test
- Blood draw to measure your sugars, cholesterol, lipids and other blood elements
- Blood draw for an Oral Glucose Tolerance Test (OGTT) (*the OGTT is a test used to determine your risk to develop diabetes*)
- You will be asked to perform two OGTTs, one in the third trimester and a repeat OGTT eight weeks after delivery of your baby
- You will be reimbursed for your time and participation

STUDY START DATE: 9/1/08

STUDY END DATE: on-going

CONTACT INFORMATION (PHONE, EMAIL, WEBSITE):

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For more information, please visit <http://www.labiomed.org/clinicaltrials/ctmain.htm>